

May 4, 2021

**Ps. 34:18-19, “*The LORD is close to the brokenhearted and saves those who are crushed in spirit. The righteous person may have many troubles, but the LORD delivers him from them all;*”**

Have you been through something that was so devastating or traumatic that you didn't think you could make it through? Maybe it was the loss of a dear loved one; a financial collapse; a break-up of a relationship; an unexpected health diagnosis; someone walked out on you; or many other terrible turn of events. It seems like we all face these challenges from time to time because we live in a fallen world. Things like this will always be a part of our lives. There have been times in my life and my family's lives' that have struck us to the core. We all face these times of sorrow, uncertainty or heartache.

It is at times like these, we have a Rock to cling to. We have a Father to run to. We have a hope that will never let us go. David must have felt like this multiple times in his life. He had a King named Saul who was trying to kill him. He had a giant who wanted to crush him. He had enemies who wanted to eradicate him. But instead of giving up, David had a habit of looking up. He would look to his source of strength - the LORD God Almighty. He would call out to Him. He would sing praises to Him. He would pray to Him. He would fast and seek Him in His temple.

I love the passage in **1 Pt. 5:7**, “*Cast all your anxiety on Him because He cares for you.*” And herein lies the picture of our Loving LORD. David says He is close to the brokenhearted and those who are crushed in spirit. Why? Because He cares for you. More than anyone else could ever care for you. We have the assurance of God's word that He will be there for us and care for us and deliver us. Now that's is what blessed assurance is all about.

**Dear LORD, You are close to us today. When we are weak, You lift us up and set our feet on solid ground. You give hope to the hopeless and rest to the weary. Thank You LORD that You love us so much. In Jesus Name, Amen**